Instruction 1(b).

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to	STATEMENT OF CH
Section 16. Form 4 or Form 5	01711 = III = III 01 01
obligations may continue. See	

HANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Hadfield Robert					2. Issuer Name and Ticker or Trading Symbol Flex Pharma, Inc. [FLKS]								Relationship neck all appli Directo	cable)	g Pers	on(s) to Issu 10% Ow Other (s	ner
(Last) (First) (Middle) C/O FLEX PHARMA, INC. 800 BOYLSTON STREET					01/	3. Date of Earliest Transaction (Month/Day/Year) 01/18/2017							General Counsel & Secretary				
(Street) BOSTON MA 02199 (City) (State) (Zip)				4. 11	4. If Amendment, Date of Original Filed (Month/Day/Year)					Lin	Individual or Joint/Group Filing (Check Applicable le) X Form filed by One Reporting Person Form filed by More than One Reporting Person						
		Tab	le I - Non-	-Deriva	ative	e Se	curities	s Ac	quired, Di	sposed o	of, or Be	neficial	ly Owned	l			
1. Title of Security (Instr. 3) 2. Transac Date (Month/D.				Execution Date,			Code (Ins	Transaction Code (Instr. 3, 4 5)			Benefici Owned F Reporte	es ally Following d	Form	: Direct Control of the control of t	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
								Code V	Amount	(A) oi (D)	(A) or (D) Price		ction(s) and 4)				
		-	Table II - D (e						uired, Dis , options,				Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	se (Month/Day/Year)	3A. Deemed Execution D if any (Month/Day/	Date, Trans Code			5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficial Owned Following Reported Transactic (Instr. 4)	e s lly	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				c	Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares					
Stock Option (right to buy)	\$4.58	01/18/2017			A		57,000		(1)	01/18/2027	Common Stock	57,000	\$0	57,000	0	D	

Explanation of Responses:

1. The stock option will vest in 48 successive equal monthly installments measured from January 18, 2017.

Remarks:

/s/ Robert Hadfield

01/20/2017

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.